



Informal arrangements

Easy Read fact sheet



How to use this fact sheet



The Office of the Public Advocate (OPA) wrote this fact sheet.

When you see the word 'we', it means OPA.



We wrote this fact sheet in an easy to read way.

We use pictures to explain some ideas.

Not bold **Bold**

We wrote some important words in **bold**.

This means the letters are thicker and darker.



We explain what these words mean.

There is a list of these words on page 8.



This Easy Read fact sheet is a summary of another fact sheet.

This means it only includes the most important ideas.



You can find the other fact sheet on our website. www.opa.sa.gov.au/information-service/fact-sheets



You can ask for help to read this fact sheet. A friend, family member or support person may be able to help you.

What are informal arrangements?



When you are over 18 years old, there are decisions you must make.



But some people need support to make decisions.





You might be able to make some decisions, but not others.



Some people need support to make decisions because they have:

- a disability
- an illness
- an injury.



Informal arrangements are when you have someone close to you who:

- helps you make decisions
- makes decisions for you.

They might be a:



• family member



carer



• friend.

What decisions can you make with informal arrangements?

When you have informal arrangements, you can get help to make decisions about:



supports and services you need



• government services



where you live and who you live with



• how you look after your money.

What if you don't have informal arrangements?



The South Australian Civil and Administrative Tribunal (SACAT) helps people find ways to work out:

- problems
- disagreements.



SACAT find ways that:

- are fair
- follow the law.

You can apply to SACAT if:



• you don't have informal arrangements



 you don't agree with the decisions your family or friends help you make



• your informal arrangements don't work well.

Word list

This list explains what the **bold** words in this document mean.

Informal arrangements

Informal arrangements are when you have someone close who:



- helps you make decisions
- make decisions for you.

They might be a:



- family member
- carer
- friend.

Contact us



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